

## Novel Coronavirus (COVID-19): To Those Entering or Re-entering Japan

This policy will remain in effect until May 10, 2020.

I. For students, staff, and faculty who have visited any areas/regions/countries subject to strengthened quarantine or an epidemic area designated by immigration restrictions under the Immigration Control Act in the last 14 days before entering Japan:

- (a) You will need to quarantine yourself for 14 days, counting from the day after your arrival, at a place approved by the quarantine officer at the airport. You **MUST NOT** use public transportation between the airport and the place of quarantine.
- (b) You must make arrangements before your departure for Japan for a place to stay during the quarantine period and for transportation there.
- (c) On entering Japan, you must register these details with the quarantine officer.

International students for whom any of the above applies may not be able to attend classes for some time. Contact the university to discuss your situation before coming to Japan.

Note that the situation changes frequently. Get up-to-date information from the website of the Ministry of Health, Labour and Welfare.

<https://www.mhlw.go.jp/english/>

Currently, details of these rules are at this page:

[https://www.mhlw.go.jp/stf/seisakunitsuite/bunya/kenkou\\_iryuu/covid19\\_qa\\_kanrenkigyuu\\_00003.html](https://www.mhlw.go.jp/stf/seisakunitsuite/bunya/kenkou_iryuu/covid19_qa_kanrenkigyuu_00003.html)

2. For students, staff, and faculty who have returned from areas/regions/countries where the Infectious Disease Alert Level is Level 2 or higher:

(1) Report to the administrative office

Students, faculty, or staff who have returned from such areas or those who know of another person who has traveled to such areas should report the details to the administrative office.

(2) Further steps

- The administrative office should report to the dean or director of the department to which the person belongs.
- Students, faculty, and staff who have returned from such areas above should act as detailed below:

(a) If you have any symptoms such as a fever or a cough, please call the Returnees and Contact Center by phone and follow the instructions.

You may come to PUK after submitting proof of full recovery, issued by a doctor.

(b) Even if you don't have any symptoms, you are subject to a self-quarantine for two weeks at home.

It is predicted that the status concerning the New Coronavirus will change in the future. Please check the relevant website frequently.

Ministry of Foreign Affairs Overseas Safety Website <https://www.anzen.mofa.go.jp/>

### 3. For students, faculty, and staff who have returned from areas other than those above:

- You are subject to a self-quarantine for two weeks at home. During that period, keep track of your physical condition and body temperature.
- If you have any symptoms, please telephone the Returnees and Contact Center.
- If you must go out, please take appropriate measures to minimize the spread of infections, such as wearing a surgical mask.

### 4. Keeping track of people's overseas travel

To assess and minimize risks, it is important for the university to know the travel plans of its faculty, staff, and students.

#### (1) Before leaving Japan:

- Faculty and staff including part-time staff who have plans to travel abroad after March 26, 2020 must report to the administrative office.
- Students who plan to go overseas for studying abroad or participating in a short-term program must report to the administrative office.

#### (2) After returning to or entering Japan:

- Students, faculty, and staff who have returned or entered from overseas after March 9, 2020, must report the period of your stay and the place you stayed to the administrative office.